



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception						
PE 1	Multi Movements	Fundamental movement	Dance	Gymnastics	Multi-skills, Striking and Fielding Games	Athletics
Fundamental Movements	<ul style="list-style-type: none"> • Walk • Run • Jump • Hop • Skip • Sidestep • Crawl • Over • Under 	Roll a ball <ul style="list-style-type: none"> • Throw and catch a ball • Control & kick a ball • Use skills to play a game 	Link to class topic	<ul style="list-style-type: none"> • Shapes (tuck, straight, star, straddle, pike) • Travel • Jump • Balance (large and small body parts) • Roll (NO forward or backward rolls) 	<ul style="list-style-type: none"> • Strike a ball with a bat • Throw a ball in a range of ways • Collecting and receiving skills • Describe simple tactics • A RANGE OF SPORTS USED 	Running/Jumping/Throwing Focus on events for Sports Day
PE 2 Class teacher	<ul style="list-style-type: none"> • Fundamental movement • Forest Schools • Outside area free play 	<ul style="list-style-type: none"> • Fundamental movement • Forest Schools • Outside area free play 	<ul style="list-style-type: none"> • Fundamental movement • Forest Schools • Outside area free play 	<ul style="list-style-type: none"> • Fundamental movement • Forest Schools • Outside area free play 	<ul style="list-style-type: none"> • Fundamental Movement • Forest Schools • Outside area free play 	Fundamental movement <ul style="list-style-type: none"> • Forest Schools • Outside area free play
Clubs	Multi Skills club		Dance		Athletics	
Festivals	Budehaven Book Event, Teddy Bears Picnic.					
Daily Events	Wake and Shake, Weekly and Termly Challenges, Active play, Fun Fit					



Year 1

Year 1						
PE 1	Fundamental Movement	Gymnastics	Dance	Striking and Fielding	Athletics	Orienteering and Problem Solving
Fundamental Movements	<ul style="list-style-type: none"> Roll a ball Throw and catch a ball Control & kick a ball Use skills to play a game Walk Run Jump Hop Skip Sidestep 	<ul style="list-style-type: none"> Shapes (tuck, straight, star, straddle, pike) Travel Jump Balance (large and small body parts) Roll (NO forward or backward rolls) Create a sequence 	Link to class topic	<ul style="list-style-type: none"> Strike a ball with a bat Throw a ball under and overarm Collecting and receiving skills Track stop and catch a ball Describe simple tactics Describe basic rules and how to score <p>A RANGE OF SPORTS USED</p>	Running/Jumping/Throwing Focus on events for Sports Day	<ul style="list-style-type: none"> Develop cooperation and communication skills Explore strategies to complete challenges and solve problems Understand why it is important to trust a partner/team
PE 2 Class teacher	Forest school	Gymnastics	Dance	Forest School and Striking and Fielding	Athletics	Orienteering and Problem Solving
Clubs	Girl's football, Boys football, Street dance	Handball, Tag Rugby, Street dance	Basketball, Boccia, Street Dance	Hockey, Tennis, Street Dance	Athletics, Golf, Street Dance	Cricket, Volleyball, Street Dance
Matches and Festivals	Aspire Academy Trust events and festivals, for example KS1 games, Girl's football. Cornwall School games events, local Budehaven cluster events and festivals. Intra school competitions					
Daily activities	Wake and Shake, Termly Challenges from Schools Games, Active play,					



Year 2

PE 1	Invasion Games football and Multi skill games	Invasion game Tag Rugby	Gymnastics	Invasion game Tennis	Athletics	Striking and Fielding Cricket
Areas of focus	Focusing on foot eye co-ordination	Focusing on hand-eye co-ordination, tagging and movement to succeed	<ul style="list-style-type: none"> • Shapes (tuck, straight, star, straddle, pike) • Travel • Jump • Balance (large and small body parts) • Roll (NO forward or backward rolls) Create a sequence as a whole class	Hand eye co-ordination, timing.	Exploring various running distances, throws – javelin, shot putt, hammer, discuss; jumps long jump, triple jump, and broad jump	Timing, hand eye co-ordination, running, throwing, bowling.
PE 2 Class Teacher	Forest Schools	Tag Rugby	Gymnastics	Swimming	Athletics	Orienteering, Problem Solving and Adventurous activities
Notes	PE2 sessions may change with our rolling programme dependent on weather and facility availability					
Clubs	Girl's football, Boys football, Street dance	Handball Tag Rugby Street dance	Basketball Boccia Street Dance	Hockey Tennis Street Dance	Athletics Golf Street Dance	Cricket Volleyball Street Dance
Matches and Festivals	Aspire Academy Trust events and festivals, for example KS1 games, Girl's football. Cornwall School games events, local cluster events and festivals. Intra school competitions					
Daily Activities	Wake and Shake, Termly Challenges from Schools Games, Active play					